

FREUDIANPSYCHOLOGY-GURBANI-OTHERFAITHS.DOCX

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As a die-hard scientist, in spite I have left temporal sciences miles behind, I could not let this occasion to pass by.

I love sciences, as they are predictable and most scientists can agree to disagree. Still the great fact about the sciences, whatever is being loved today will be joked around ten years from now. On the contrary, the religion is so adamant about its claim on truth, that many feeble minds like myself, become its follower and still get an exuberance out of it!

I think, with this thesis, poor Sigmund Freud will be so blessed in his deep-eternal-sleep that he was half-right! He was right in finding the causes of human psyche, why the human mind fragments and breaks in pieces and keeps spinning around its tail, when it cannot find the second half of the pie: the Cure part of the pie.

In this small document, I will try to seed a theory which modern scientists need to evaluate its utility. As this hypothesis is brain-child of religion, the scientists can try to mutilate it as much as they love to grind it to pieces, still will not be able to remove its existence as it is child of religion.

Here it goes:

Our Psychology-Champion Sigmund Freud states there are 3 parts of human psyche:

1. ID
2. Ego
3. Super-ego

So many religions also construct and believe above type of classification. One religion, for sure that attests to above theory, I know is Hinduism. They kind of concur with Freud's Theory, only the labels are alike, only differing as they are religious, ancient and Sanskrit Language:

1. **Tamo** Very basic life-sustaining desires like that of a baby, "Me, My, Mine". Superiority of I, all self-serving.
2. **Rajo** "I am full in some ways, but I am still hungry in some other ways". They think it is like being King. Still the Ego wants more glory, more relishes,



more kingdoms, more time to rule, and to rule everything eye can see and even beyond that!

3. Sato:

- i. Now I want to excel in being worshipped, as Lord’.
- ii. I am the Saint, I am like Demi-God or God, I ought to be Eternal or Perpetual, and I ought to be treated as highest of high!’
- iii. Not a thing should exist above me. I must have created myself, so I need to be Worshipped as Supreme!
- iv. This imagination is that of Super-ego.
- v. When all is accomplished, Super-ego still feels empty!
- vi. As there are other Super-egos to challenge! There are other beings who want to be worshiped as Supreme. This in realty does not pan out, not for eternity!

Conclusion: Many sciences and religions that have followed above 3-States of Human mind, ether as Freudian-Theory or Religious Dogma, are back to life, with bigger headaches and biggest heartaches! The bigger part of the equation that they cannot go out of that infinite loop.

Here the Psychology or Religion has been great in identifying the first half of the equation:

- a) That problems, pains and confusions do exist.
- b) There was no long-term relief or cure of human problems.

4. Fourth State: Turia State, an Ego-sublimated State:

- a. This is crux of my theory, that Guru Nanak or Sikh religion recognized or purposed this 4th State as the cure-all.
- b. This is door to salvation of human soul.
- c. The cure part of the equation. This compliments with the Relief part of the equation.
- d. When ID, Ego and Super-Ego sublimate, a state of bliss comes up.
- e. In this bliss-full state, the pain threshold level goes up.
- f. As Id, Ego and Super-ego have evaporated, there is nothing to engage human psyche in continuous wailings and failings it had experienced for unfathomed number of years and social turbulences it had faced in past.
- g. In this Liberated state, the aberrations of human soul cease. The antagonism with rest of creation flies away, there is nothing to stop perpetual, friction-free-motion of bliss.



h. **Is this 4th State or Liberated or Salvation State cultivatable:** Yes, as much as we have cultivated crops. Take the right seed of Creator's Word, give all its necessary support in terms of learning, practicing and growing towards never-ending bliss, bliss not after death, rather while living, while doing mundane acts and duties of life.

How can we cultivate this 4th State of Liberation, Bliss and Nothingness of human Ego, should be our next topic, so here comes Science at door steps of Religion, begging for bliss in its petri dish or test tube.

The bliss is so large, it can fill all oceans, all minds, minds now in existence and all minds yet to see the existence.

This state is not a hypothetical, it is real, and it is as much real as this message of mine, as this is all being written in 4th State.

Take from here, dissect this theory, add more scientific persona, paraphernalia and we have married or merged Science and Religion, as bliss-giving as two imperfect spouses when joined thru 4th State are Blessed-Unit, a reflection or proof of Union of two imperfects can lead to One-Union-Perfect, in 4th State, as blissful as Creator itself, the creator of all sciences and all religions.

#Perfection has begun. Now the ball is in the Scientists' Laboratory!

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Kindly forgive me for shortcomings, this is just a theory, needing lots of evaluations and evidences before it can be put into practice for the betterment of millions who are in constant psychological war or tug-of-war in family and community. This one ray of hope has just come! Now it is your turn, my fellow scientists, to evaluate this theory part, the practical evidences exist in modern times and historical events.

~ Paul (Inder) Singh Chahal
Paul@CHAHALnet.com
www.CHAHALnet.com

