

Good Advice from Shri Guru Granth Sahib Jee

Only You Can Liberate Yourself From Infinite Loop of Births and Deaths:

ਕਾਪੜ ਜਿਵੈ ਪਛੋੜੀਐ, ਘੜੀ ਮੁਹਤ ਘੜੀਆਲੁ ॥

kaapurr jivai pushorreeai ghurree muhuth ghurreeaal

We are beaten like clothes being washed on the rocks, and struck every hour like chimes.

ਨਾਨਕ ਸਚੇ ਨਾਮ ਬਿਨੁ, ਸਿਰਹੁ ਨ ਚੁਕੈ ਜੰਜਾਲੁ ॥੧॥ Page 1088

naanuk suchae naam bin siruhu n chukai junjaal

O Nanak, without the True Name, these entanglements are not removed from hanging over one's head.

Gurbani Will Open Gates of Heaven:

ਸਾਚੀ ਬਾਣੀ, ਮੀਠੀ ਅੰਮ੍ਰਿਤ ਧਾਰ ॥

saachee baanee meethee anmrith dhaar

God's Word, Gurbani, is sweet, the source of nectar.

ਜਿਨਿ ਪੀਤੀ, ਤਿਸੁ ਮੋਖ ਦੁਆਰ ॥੫॥ Page 83

jin peethee this mokh dhuaar

Whoever drinks it in, finds the Door of Salvation opened for him/her. ||5||

True Spirituality is in Practical Understanding of God's Heart:

ਸਤਿਗੁਰ ਨੋ ਸਭੁ ਕੋ ਵੇਖਦਾ, ਜੇਤਾ ਜਗਤੁ ਸੰਸਾਰੁ ॥

sathigur no subh ko vaekhudhaa jaethaa juguth sunsaar

The people of the world merely behold (bow or Darshan) the True Guru.

ਡਿਠੈ ਮੁਕਤਿ ਨ ਹੋਵਈ, ਜਿਚਰੁ ਸਬਦਿ ਨ ਕਰੇ ਵੀਚਾਰੁ ॥ Page 594

ddithai mukath n hovee jichur subadh n kurae veechaar

Yet, one is not liberated by merely seeing Guru,
One has to understand and act upon God's Word.

Practical aspect: We come to Gurdwara to ask for worldly possessions, yet donot ask for spiritual know-how and method to get out of Net of life-death cycle:

Gifts are for Asking, Salvation is Free from God!!!:

ਅਪਨੇ ਲੋਭ ਕਉ, ਕੀਨੋ ਮੀਤੁ ॥

apunae lobh ko keeno meeth

For our own advantage, we make friendship with God.

ਸਗਲ ਮਨੋਰਥ, ਮੁਕਤਿ ਪਦੁ ਦੀਤੁ ॥੧॥ Page 195

sugul munoruth mukath pudh dheeth

He fulfills all our desires, and blesses us with the Salvation for free (as Free as Langer!).

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