

Good Advice from Shri Guru Granth Sahib Jee

**Your actions done in Ego and Selfishness,
are obstacle to your own Salvation:**

ਹਉ ਹਉ ਕਰਤ, ਨਹੀ ਸਚੁ ਪਾਈਐ ॥

ho ho kuruth nehee such paaeeai
By doing actions in ego, selfishness and conceit, the True God does not come.

ਹਉਮੈ ਜਾਇ, ਪਰਮ ਪਦੁ ਪਾਈਐ ॥੧॥ ਰਹਾਉ ॥ Page 226

houmai jae purum pudh paaeeai
However, when egotism departs, then the state of supreme Salvation is obtained. ||1||Pause||

You are GOD, know this for Sure!:

ਕਥਨੀ ਕਹਹਿ, ਕਹਹਿ ਸੇ ਮੁਏ ॥

kuthunee kehehi kehehi sae mooeae
Those who speak and babble on and on, are truly dead.

ਸੋ ਪ੍ਰਭੁ ਦੂਰਿ ਨਾਹੀ, ਪ੍ਰਭੁ ਤੂੰ ਹੈ ॥ Page 353

so prubh dhoor naahee prubh thoon hai
God is not far away - You are God and right here.

**Time is running, remain Prepared at all times
to leave this world without a moment's notice!**

ਸੇਖ ਹੈਯਾਤੀ, ਜਗਿ ਨ ਕੋਈ ਬਿਰੁ ਰਹਿਆ ॥

saekh haiyaathae jag n koe thir rehiaa
O Shaykh, no one has ever lived for ever in this world.

ਜਿਸੁ ਆਸਣਿ ਹਮ ਬੈਠੇ, ਕੇਤੇ ਬੈਸਿ ਗਇਆ ॥੫॥

jis aasan hum baithae kaethae bais gaeiaa
The seat, upon which you now sit - many others have sat on it and have departed,
so be prepared to depart!

Now is the time to do good deeds. God's law is unforgiving!

(Everyone is judged on same scale, no exceptions for you because you are special!)

ਇਕ ਆਪੀਨੈ ਪਤਲੀ, ਸਹ ਕੇਰੇ ਬੋਲਾ ॥

eik aapeenuai puthulee seh kaerae bolaa
First, the bride herself is weak, and then, her Husband God's Order is hard to bear.

ਦੁਧਾ ਬਣੀ ਨ ਆਵਈ, ਫਿਰਿ ਹੋਇ ਨ ਮੇਲਾ ॥੨॥

dhudhaa thunee n aavee fir hoe n maelaa
Milk does not return to the breast; similarly we not meet again to bless eachother. ||2||

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